



News from
A la Maison
Personal Chef Service

Did You Know...

The Café will be open again on Saturdays from 9am-1pm starting September 11th.

Thanks.

Chefs Theo & Melissa

Heard the Latest Café Buzz?

Get Your Morning Off To
A Great Start...

Try Our *NEW* Oatmeal,
complete with fruit, nuts and
brown sugar.

Only 295 calories!

The Solebury Club Café Specials

Week of September 7, 2010

(starting at 5pm Tuesday)



Entrée

The Turkey Burger

No bun on this one!

Grilled Turkey burger with cheddar, avocado, tomato and watercress.
Served with a side of greens.



Salad

Shrimp and Avocado Boats

Fresh avocado filled with a shrimp dijonnaise salad atop Boston Bibb lettuce.



Soup du Jour

Vegetarian Black Bean Chili



Crustless Quiche

Spinach, Goat Cheese and Chives

Tired of wondering what's for dinner?

A la Maison Personal Chef Service provides healthy, customized meals delivered to your home or office.

Click here to find out more
www.alamaisonchef.com