



News from
A la Maison
Personal Chef Service

The Solebury Club Café Specials
Week of January 30, 2012



Salad

Asian Chopped Vegetable

Napa Slaw, Carrot, Peppers, Pea Pods, Cucumber, Scallions, Almonds and Mint.
Served with grilled steak if desired, and our Asian vinaigrette.



Entrée

The Turkey Burger Sliders

Two Grilled Turkey burgers with cheddar, avocado and tomato on multi-grain rolls.
Served with a side of greens.



Soup du Jour

Thai Coconut Curry Chicken and Rice



Sandwich of the Month

The Cuban

Baked Ham, Roast Pork, Provolone, Pickles and Mustard stacked
on a hoagie roll and then panini-pressed flat.



Grown-Up Grilled Cheese

Pears, Fig Jam and Harvarti on Challah

**HAVE YOU
CHECKED OUT
THE NEW
EXPANDED
MENU?**

**STOP IN TODAY,
YOUR TASTE BUDS
WILL THANK YOU!**



Did You Know...

You can place your café order before your workout and we'll have it ready at your specified time.

Café purchases can be charged to your membership account, a credit or debit card and good old cash is also accepted.

Protein Smoothies are always available, just ask at the front desk!