



## *Intro Yoga Series*

w/ Amber Quinn

Experience a Yoga Intro Series in the Svaroop<sup>®</sup> Style.  
Supported poses bring a release of tension into any yoga practice. Gain truth and understanding of your body, your mind and more!

Wednesdays 4:45-6pm

September 1 – September 29

You are invited to join us at this introductory rate!

\$50 for the 5 week series

\$12 drop-in fee

**\*\*Registration required to receive this offer\*\***  
**Call 215-794-3494 or register at the front desk**